

# BUILD CHARACTER BUILD SUCCESS

Respect Responsibility Empathy

Kindness & Caring Teamwork Fairness

Honesty Co-operation Integrity Perseverance

**Attribute:** *Integrity*

<b>Dictionary Definitions</b>	
Merriam-Webster Children's Dictionary	in·teg·ti·ty \in-'te-grə-tē \ n 1 total honesty and sincerity <a person of integrity> 2 the condition of being free from damage or defect <The building has structural integrity.>
Collins Gage Canadian School (Junior) Dictionary Grades 4 to 6	No dictionary entry.
Collins Gage Canadian Intermediate Dictionary Grades 6 to 9	in·teg·ri·ty (in teg'rə tē) n 1 firm attachment to moral principles and to high standards: <i>Her poetry is too commercial to have integrity.</i> 2 the state of being whole and undivided, or the fact of being unbroken or undamaged: <i>Do cutbacks threaten the integrity of the health-care system?</i> <Latin <i>integer</i> whole>
Nelson Canadian Dictionary of the English Language	in·teg·ri·ty (in-těg'rī-tə) n. 1. Steadfast adherence to a strict ethical code. See Syns at honesty. 2. The state of being un-impaired; soundness. 3. The quality or condition of being whole or undivided; completeness. [ME <i>integrite</i> < OFr. < Lat. <i>integritās</i> , soundness < <i>integer</i> , whole, complete.

## What is integrity?

- Being honest, trustworthy, and incorruptible
- Maintaining steadfast adherence to a strict code of moral, ethical, or artistic values
- Being consistently truthful and fair
- Following your convictions, rather than reacting in the heat of the moment
- Demonstrating that you can be counted on and trusted
- Being truthful and sincere

## Quotations

“Strive to be first: first to nod, first to smile, first to compliment, and first to forgive.” (Unknown)

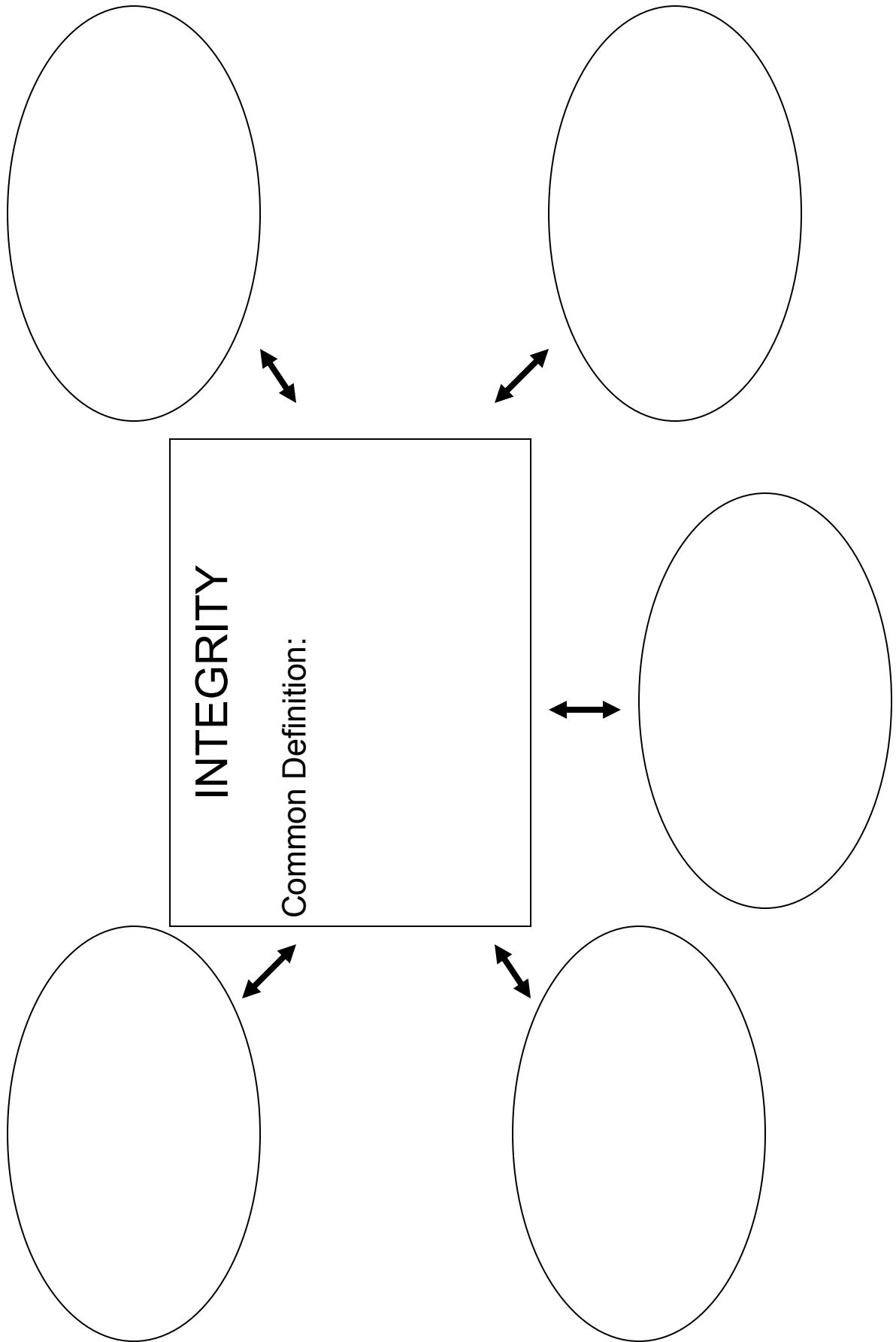
“Great opportunities to help others seldom come, but small ones surround us every day.”  
(Sally Koch)

“Though we all have the fear and the seeds of anger within us, we must learn not to water those seeds and instead nourish our positive qualities—those of compassion, understanding, and loving kindness.” (Thich Nhat Hanh)

### **What does integrity look like/sound like?**

- Thinking about the best option or solution to a problem and discussing different opinions until a solution is found
- Telling the truth, even if it means admitting a mistake or knowing that it may not be accepted by others
- Having the courage to do the right thing, even if it may mean losing a friend, a job, or the acceptance of a peer group
- Acting and speaking in ways that reflect your own values
- Keeping a promise
- Not making promises that can't be kept
- Accepting the consequences when a mistake is made
- Not abusing a position of power for your own interests

What Does "Integrity" Mean to You?



# Monthly Newsletter for Parents/Guardians/Caregivers

## INTEGRITY

Dear Parent, Guardian, or Caregiver:

Your child is involved in learning activities designed to develop good character and help children make good choices. Our focus this month has been on **INTEGRITY**.

What does integrity mean to you?

### **Your child can show integrity by:**

- being honest and trustworthy toward his or her peers, friends, and family members
- admitting his or her mistakes and learning from them
- making the right choices and following through with the appropriate actions

### **Questions to discuss with your child:**

- Discuss the importance of standing by what you believe.
- Tell your child where you stand on important issues, and discuss your reasons for taking that stand.

### **Projects to do together:**

- Brainstorm a list of controversial issues. Discuss both sides of the issue.
- Watch TV shows or movies in which characters show integrity, and talk about the various ways in which those characters acted with integrity.
- Discuss and share examples of situations in which a family member acted with integrity.

### **Encouraging integrity in your child:**

- Talk to your child about what it means to have integrity.
- Encourage and praise your child when he or she shows integrity.
- Provide your child with opportunities to actively engage in discussions that will help develop his or her opinions.
- Encourage your child to think about whether something is ethically right or wrong.

**Thank you for supporting our Character Development program.**

**BUILD CHARACTER  
BUILD SUCCESS**

# Involving Parents/Guardians/Caregivers in Character Development

## Integrity

