

BUILD CHARACTER BUILD SUCCESS

Respect Responsibility Empathy

Kindness & Caring Teamwork Fairness

Honesty Co-operation Integrity Perseverance

Attribute: Perseverance

Dictionary Definitions	
Merriam-Webster Children's Dictionary	per·se·ver·ance \,pər-sə-'vîr-əns \ <i>n</i> the act or power of continuing to do something in spite of difficulties
Collins Gage Canadian School (Junior) Dictionary Grades 4 to 6	per·se·ver·ance <i>n</i> never giving up what you have set out to do: <i>By perseverance anyone can do well in school.</i>
Collins Gage Canadian Intermediate Dictionary Grades 6 to 9	per·se·vere (pər'sə vēr) <i>v</i> per·se·vered, per·se·ver·ing continue steadily in doing something difficult. <Old French, Latin <i>per-</i> completely + <i>severus</i> strict> per'se·ver'ance <i>n.</i> per'se·ver'ing <i>adj.</i> per'se·ver'ing·ly <i>adv.</i>
Nelson Canadian Dictionary of the English Language	per·se·ver·ance (pûr'sə-vîr'əns) <i>n.</i> 1. Steady persistence in adhering to a course of action, a belief, or a purpose; steadfastness. 2. <i>Theol.</i> The Calvinistic doctrine that God's chosen will continue in a state of grace to the end and will be saved.

What is perseverance?

- Staying with the task and not giving up
- Demonstrating commitment, pride, and a positive attitude in completing a task
- Working hard without giving up
- Remaining focused on a goal
- Having the inner strength to pursue a goal or task
- Pursuing worthy objectives with determination and patience, while exhibiting fortitude when confronted with failure
- Demonstrating self-discipline

Quotations

“Success is the ability to go from one failure to another with no loss of enthusiasm.”
(Winston Churchill)

“I have never been especially impressed by the heroics of people convinced that they are about to change the world. I am more awed by... those who... struggle to make one small difference after another.” (Ellen Goodman)

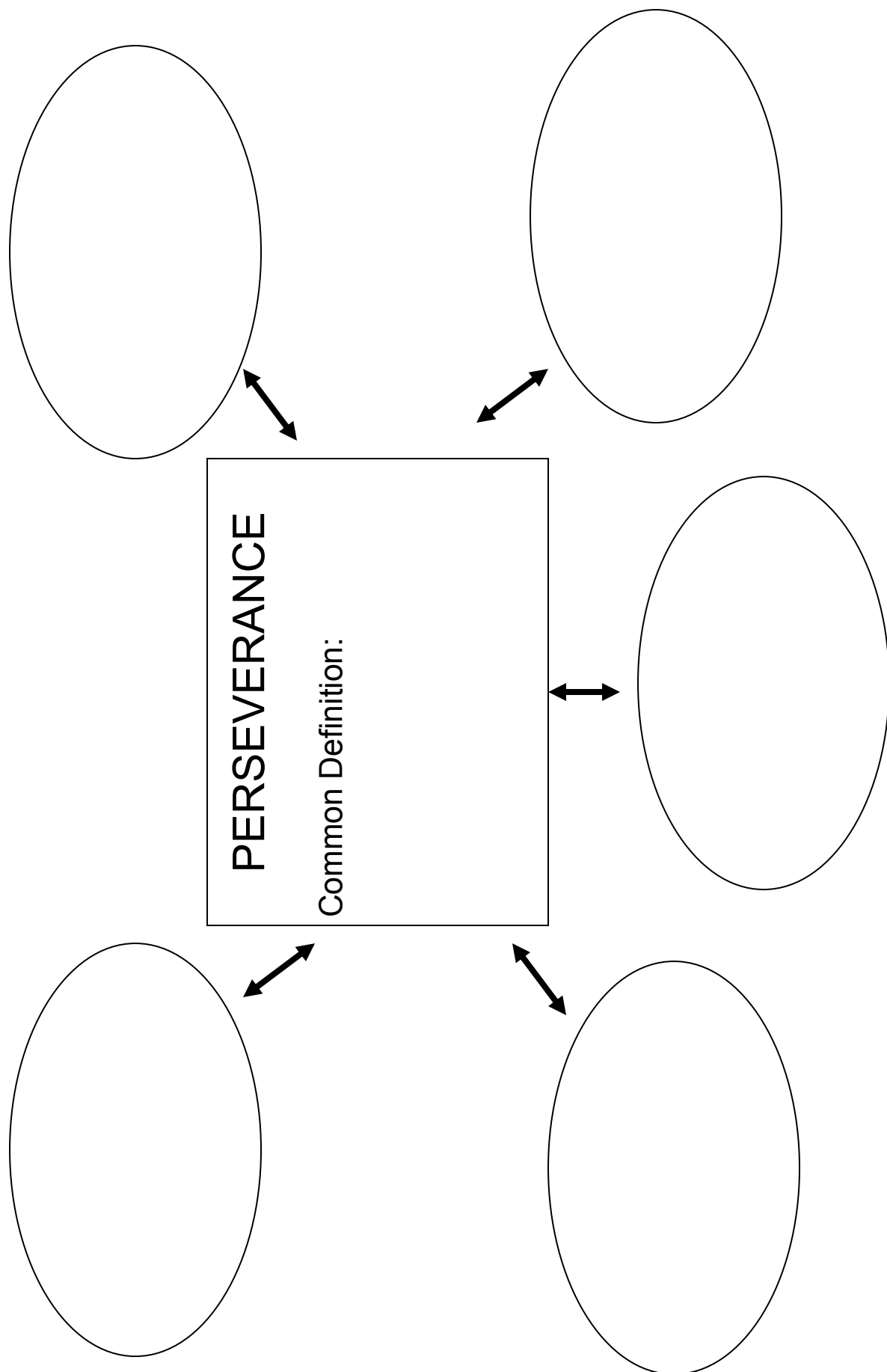
“Although a mountain is high, there is still a way to reach its top.” (Vietnamese saying)

“I think and think for months and years. Ninety-nine times, the conclusion is false. The hundredth time, I am right.” (Albert Einstein)

What does perseverance look like/sound like?

- Spending time practising a skill
- Trying something new that is very difficult, and not giving up
- Having to overcome personal obstacles to reach a goal
- Saving money and making sacrifices to buy something
- Working toward a goal for a reasonable period of time before questioning whether the goal should change
- Finding ways to overcome obstacles in reaching a goal
- Believing a goal can be met, even when success doesn't come easily
- Learning from past mistakes and avoiding the same mistakes in the future

What Does "Perseverance" Mean to You?



Monthly Newsletter for Parents/Guardians/Caregivers

PERSEVERANCE

Dear Parent, Guardian, or Caregiver:

Your child is involved in learning activities designed to develop good character and help children make good choices. Our focus this month has been on **PERSEVERANCE**.

What does perseverance mean to you?

Your child can show perseverance by:

- sticking to a task, even though he or she wants to give up
- wanting to continue with something he or she is finding hard to learn
- setting achievable goals and celebrating when they are met

Questions to discuss with your child:

- What does it mean to persevere?
- What can you do when you want to give up?
- Why is perseverance important and what are some of its rewards?

Projects to do together:

- Talk about and agree on a family commitment motto. Call a family meeting and decide on a family motto related to perseverance.
- Make a list of achievable goals, including personal goals, family goals, and school-related goals.
- Help your child set achievable goals, and assist him or her in achieving them.
- Discuss a role model and how he or she has persevered to achieve his or her goals and dreams.

Encouraging perseverance in your child:

- Encourage and praise your child to persevere, even when he or she wants to give up.
- Reflect periodically on your child's personal, academic, and social goals and whether these goals are attainable.
- Discuss the importance of planning, prioritizing, organizing, and managing time as strategies to achieve goals.
- If your child exhibits perseverance, let him or her know that you have noticed and are proud!

Thank you for supporting our Character Development program.

**BUILD CHARACTER
BUILD SUCCESS**

Involving Parents/Guardians/Caregivers in Character Development

Perseverance

